

WILLAMETTE VALLEY NATIVE NECTAR PLANTS FOR BUTTERFLIES

B. Newhouse 2004

modified by H. Keirstead for Benton SWCD, 2016

Selection criteria: **appropriateness** for growth on valley floor or adjacent hillsides, **use** by common butterfly species, **practicality** for use in gardening, and **feasibility** of obtaining and growing. Try to obtain stock collected/propagated **LOCALLY** to protect local genetic diversity.

KEY: Stature: T = tree, S = shrub, H = herb; Light: SN = sun, PS = part shade, SH = shade Moisture: W = wet, A = average, D = dry; Timing: E = early (April-May), M = mid (May-July), L = late (July-September); Host? D = documented host plant, S = suspected host plant. Available? B = Benton SWCD Native Plant Sale, N = nurseries, C = cuttings possible, S = seed collect by botanists or NPSO

Stature	Common Name	Latin Name	Light			Moisture			Timing	Host ?	Available ?	Comments
			SN	PS	SH	W	A	D				
H	aster, Douglas'	<i>Aster subspicatus</i>							M-L	S	B; S	Showy
H	checkermallow, meadow	<i>Sidalcea campestris</i>							M	D	B; N; S	Showy
H	checkermallow, rosy	<i>Sidalcea virgata</i>							M	D	B; N; S	Showy
S	cherry, choke	<i>Prunus virginiana</i> var. <i>demissa</i>							M	D	B; N; C	
H	cress, American winter	<i>Barbarea orthoceras</i>							E-M	D	S	Showy
H	everlasting, pearly	<i>Anaphalis margaritacea</i>							M-L	D	B; N; S	
H	fireweed	<i>Chamerion angustifolium</i>							M-L		N; S	
H	geranium, Oregon	<i>Geranium oregonum</i>							M		B; S	
H	goldenrod	<i>Solidago canadensis</i>							L		B; N; S	Showy
H	lily, cat's ear	<i>Calochortus tolmiei</i>							E-M		S	
H	lily, tiger	<i>Lilium columbianum</i>							M		B; N; S	Showy
H	lomatium, common	<i>Lomatium utriculatum</i>							M	D	S	Delicate, lacy leaf
H	lomatium, fernleaf	<i>Lomatium dissectum</i>							M	D	S	Delicate, lacy leaf
H	lupine, many-leaved	<i>Lupinus polyphyllus</i>							M	D	B; N; S	Showy
H	lupine, riverbank	<i>Lupinus rivularis</i>							M	S	B; S	Showy
H	madia, showy	<i>Madia elegans</i>							M-L		S	Showy
H	milkweed, showy	<i>Asclepias speciosa</i>							M-L	D	B; N; S	Showy
S	mock-orange	<i>Philadelphus lewisii</i>							M		B; N; S	
H	mugwort	<i>Artemisia douglasiana</i>							M	D	N; S	
H	mule's-ears	<i>Wyethia angustifolia</i>							M	S	N; S	Showy
S	oceanspray	<i>Holodiscus discolor</i>							M	D	B; N; C	
H	parsnip, cow	<i>Heraclium lanatum</i>							M	D	S	
H	poppy, California	<i>Eschscholzia californica</i>							M		S	Find local stock.
S	rose, Nootka	<i>Rosa nutkana</i>							M	S	B; N; C	
H	sunshine, Oregon	<i>Eriophyllum lanatum</i>							M		B; S	
H	thistle, short-styled	<i>Cirsium brevistylum</i>							M	S	S	May look
H	vetch, American	<i>Vicia americana</i>							M	S	S	Hard to find
S-T	willow, Scouler's	<i>Salix scouleriana</i>							E	S	C	
H	yarrow	<i>Achillea millefolium</i>							M	D	B; S	

Compiled and interpreted for the Willamette Valley from the following sources:

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